

Quilt backing cheat sheet

42" usable fabric width - 4" overhang on every side - 1/2" seam allowance - Fewer seams first; yardage rounded up to 1/8 yard

Quilt	Quilt size	Backing needed	Cut panels	Buy
Baby	36" x 45"	44" x 53"	2 x 44" (H)	2 1/2 yards
Lap	54" x 66"	62" x 74"	2 x 62" (H)	3 1/2 yards
Twin	70" x 90"	78" x 98"	2 x 98" (V)	5 1/2 yards
Queen	90" x 100"	98" x 108"	3 x 98" (H)	8 1/4 yards
King	108" x 108"	116" x 116"	3 x 116" (V)	9 3/4 yards

The rule, for a quilt that is not on this chart

Each cut panel is 42" wide; the chart gives its length. H means seams run horizontally across the quilt; V means vertically. Each join consumes 1" of combined panel width (1/2" from each edge). Sew, press seams open, then square to the backing size shown. This chart assumes non-directional fabric; allow extra for shrinkage, squaring and matching prints. Confirm your longarm's overhang before buying. For a custom size or wider fabric, use [stitchtale.com/calculators/quilt-backing](https://www.stitchtale.com/calculators/quilt-backing).

Standard sizes vary by shop - no chart is universal. Measure your own top before cutting.